

Glendora
After Stroke
Center

www.afterstrokes.org



Glendora After Stroke Program meets each Wednesday at **LaFetra Senior Center, 333 E. Foothill Blvd. Glendora from 9 a.m. to 3 p.m.**

This is a no-fee program sponsored by **Glendora Community Services.**

Offered each week: re-learning (reading, writing and speech), current events, caregiver support, stroke support, games, music, exercise and lunch at a modest cost.

For more information call
Toni Levyssohn (909-843-5239)
Pat Kelly (626-335-3111).
Phone Day of Meeting
(626) 914-0560

January 2012 Calendar

Wed. January 4 **WELCOME BACK, STROKE FAMILY** **WELCOME BACK, DON LINDE**

HAPPY NEW YEAR! Can you believe it's already the year 2012 in the 21st Century? Just think of all the things you've accomplished in this century! Today, share your Holiday activities with your family of friends here at the Center. If you wish to share with the whole group, we'll do it during Milestones at Circle Time. And we are especially happy to welcome DON LINDE back to entertain us at the piano. Word is that he's going to rattle our musical memories with a special "Name That Tune" segment.

Stroke Support 12:45-2:00 p.m.

Wed. January 11 **Dr. BHUPAT DESAI, NEUROLOGIST**

Today we welcome Dr. BHUPAT DESAI, Neurologist and Stroke Program Medical Director at Pomona Valley Hospital Medical Center. He will speak to us about Stroke, our common bond, and will answer our questions about stroke and its aftermath.

Stroke Support 12:45-2:00 p.m.

Wed. January 18 **MICHAEL RYAN and FRIENDS**

STRINGS MUSIC is back with us again this year. sending top-notch local musicians to share their talent with us. Our headliner today is MICHAEL RYAN, Professor of Music at University of LaVerne, who also performs at Candlelight Pavilion in Claremont. Michael will also bring outstanding musicians to play Flute and Bass. We welcome them back for another wonderful program.

Stroke Support 12:45-2:00 p.m.

Wed. January 25 **HERE COMES THE JUDGE! AGAIN!**



Well, the long-serving JUDGE has left the bench . . . retired from active judgitude and is probably surfing in San Clemente. However, the bench shall not go empty and a new Judge has been appointed and will appear, with a Bailiff. This judge, in black robe and wig, is again ready to hear your opinions on ticklish cases. So come with all your wisdom

and share your opinions with other jury members. The judge may admire your views and opinions.

Stroke Support 12:45-2:00 p.m.

Blood Pressure in a.m.

January birthdays celebrated

THURSDAY, JANUARY 26 FIELD TRIP TO THE NIXON LIBRARY

Board the bus at 9:30 a.m., depart at 10:00 a.m. and return by 4:30 p.m.

Lunch from KFC on board bus.

Details of menu and cost, plus admission cost to follow in a separate flyer.
Sign-ups will be with Pam at the sign-in table.